

A STEP BY STEP GUIDE
BY SOGEPHOTOGRAPHY

The No-Stress Couples Posing Guide

How I'll **Guide** You So Your Photos Feel **Real, Effortless & Magazine-Worthy**



THE POLISH OF A MAGAZINE. THE SOUL OF REAL LOVE. ■

You Don't Need to Know How to Pose

If you're thinking, "What do I do with my hands?" — you're not alone.

Most couples feel this way, even the confident ones. My approach blends **unscripted storytelling** with gentle **editorial guidance**.

I'll place you in beautiful light, guide you into natural movement, and then let **real moments unfold**. You'll never be asked to perform or "act natural" without direction.

Think of your portraits as a **15-minute date** where you get to slow down and enjoy each other — while I quietly take care of the artistry.

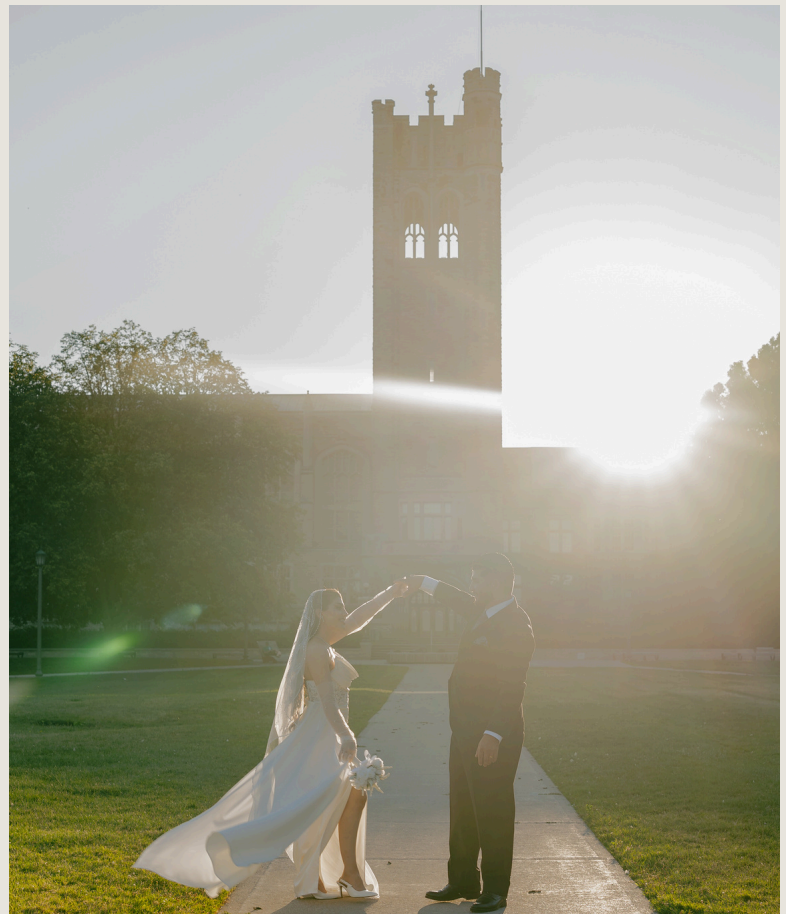


How I'll Guide You - So Nothing Feels Awkward

I use a few simple starting positions to help you relax quickly in front of the camera.

You don't need to remember any of these. I'll guide you into each one in real time.

They're not stiff poses. They're **natural starting points** that allow us to flow into movement, laughter, and real connection.



The V-Up

Your Go-To “We Look Good Together” Starting Point

This is our clean, flattering starting position. I’ll guide you to stand close with your shoulders gently angled toward each other and pull in at the waist.

From here, I’ll prompt:

- A soft lean in
- Foreheads close
- A relaxed look toward me, then back to each other

This helps you feel comfortable instantly — and gives us a beautiful base to move into more natural moments.



The Closed Pose

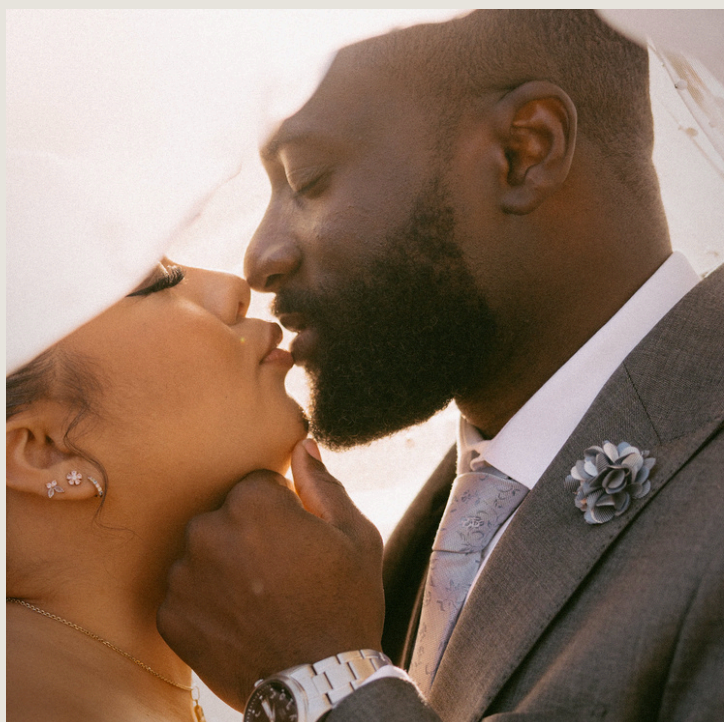
The Intimate One

Here, you'll naturally face each other. This creates space for quiet, emotional moments.

I might guide you to:

- Hold hands
- Lean in slowly
- Go in for a kiss, then a hug

This is where the soft, deeply connected frames happen — the ones that feel private and real.



The Open Pose

Timeless & Effortlessly Romantic



This creates that classic, frame-worthy look without feeling staged.

I'll gently open your bodies toward the light and camera while keeping you connected through your hands.

I'll guide:

- A glance toward me
- Then back to each other
- Then a little movement so nothing feels frozen

The result: elegant, natural portraits that still feel like you.



The Reverse Pose

Refined Editorial Energy

One of you will angle slightly away while staying connected.

This lets me step in for more cinematic, editorial-style frames.

From here, I'll guide:

- Soft glances
- Quiet smiles
- Intimate close-ups

This is where you get that high-end magazine look without losing your personality.



The Stack

The Cozy, Wrapped-Up Hug

One of you will tuck in just behind the other for a relaxed embrace.

This creates calm, emotionally grounded images.

I'll guide:

- One of you to look down
- The other to look at your partner
- Then a soft moment toward the camera

These frames always feel warm, safe, and deeply human.



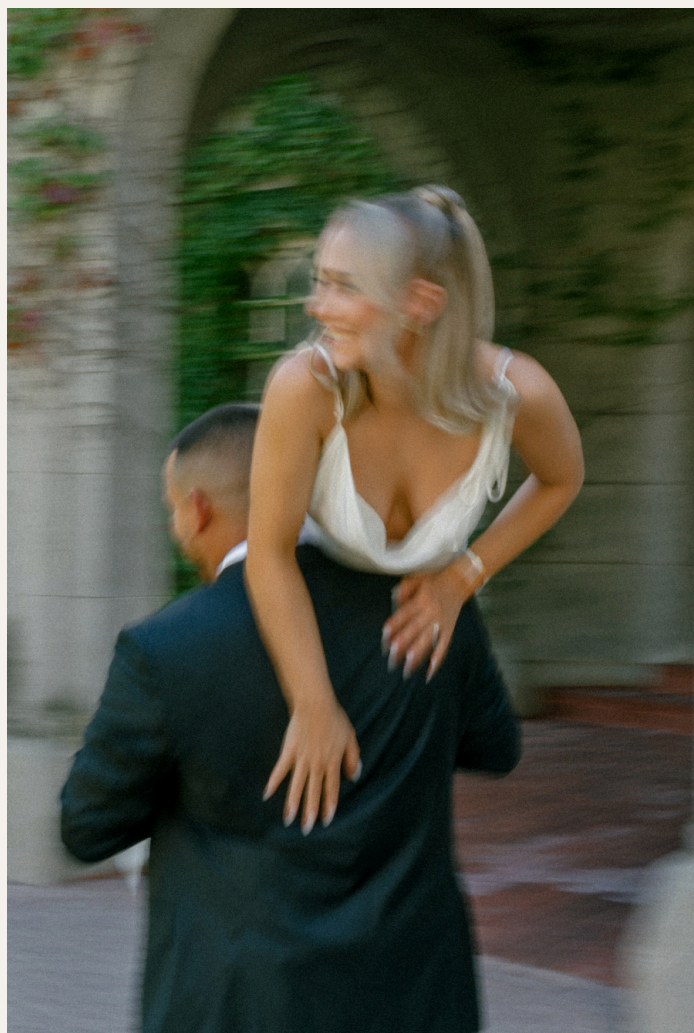
What It Sounds Like on the Day

- “Pull each other in.”
- “Take a breath.”
- “Walk like you’re sneaking away from your guests.”
- “Whisper something that’ll make them laugh.”
- “Pause right there, don’t move.”



A Few Things That Help Photos Look Even Better

- Wear something you can move in
- Steamed outfits photograph beautifully
- Neutral tones feel timeless
- Comfortable shoes = better movement
- Trust the process, I’ll take care of the rest



LET'S WORK TOGETHER
AND CREATE SOMETHING BEAUTIFUL



Just Show Up and Be in Love

You don't have to perform for your photos; you just have to show up and be in love.

My job is to create a calm, supportive space where you can stay present — so your photos feel real, emotionally rich, and timeless, with that refined editorial touch you'll treasure for decade

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